

11. Homeopathy & HIV

11.1. Controlled clinical trials evaluating the homeopathic treatment of people with human immunodeficiency virus or acquired immune deficiency syndrome - Homeopathic Educational Services, Berkeley, CA, USA

Link:

Ullman D., "Controlled clinical trials evaluating the homeopathic treatment of people with human immunodeficiency virus or acquired immune deficiency syndrome", *J Altern Complement Med.* 2003 Feb;9(1):133-41.

<http://www.ncbi.nlm.nih.gov/pubmed/12676041>

Placebo-controlled clinical trials:

"To review the literature referenced in MEDLINE and in nonindexed homeopathic journals for placebo-controlled clinical trials using homeopathic medicines to treat people with AIDS or who are human immunodeficiency virus (HIV)-positive and to consider a different theoretical and methodological approach to treating people with the viral infection. A total of five controlled clinical trials were identified. A double-blinded, placebo-controlled study was conducted on 50 asymptomatic HIV-positive subjects (stage II) and 50 subjects with persistent generalized lymphadenopathy (stage III) in whom individualized single-remedy homeopathic treatment was provided. A separate body of preliminary research was conducted using homeopathic doses of growth factors. Two randomized double-blinded, placebo-controlled studies were conducted with a total of 77 people with AIDS who used only natural therapies over a 8-16-week period. Two other studies were conducted over a 2.5-year period with 27 subjects in an open-label format."

Results:

"Statistically significant pretest and post-test results in subjects with stage III AIDS, in CD4 ($p = 0.008$) and in CD8 ($p = 0.04$) counts. *The second group of studies found specific physical, immunologic, neurologic, metabolic, and quality-of-life benefits, including improvements in lymphocyte counts and functions and reductions in HIV viral loads.*"

11.2. Homeopathy in HIV infection: a trial report of double-blind placebo controlled study - Central Council for Research in Homoeopathy, JNBCHA, Janakpuri, New Delhi, India

Citation and Link:

Rastogi DP, Singh VP, Singh V, Dey SK, Rao K., "Homeopathy in HIV infection: a trial report of double-blind placebo controlled study", *Br Homeopath J.* 1999 Apr;88(2):49-57.

<http://www.ncbi.nlm.nih.gov/pubmed/10335412>

Method:

"A randomised double blind clinical trial was conducted to compare the effect of homeopathic remedies with placebo, on CD4+ve T-lymphocytes in HIV infected individuals, conforming to Centres for Disease Control (CDC) stage II & III. 100 HIV+ve individuals between 18-50 y (71% males) were included in the study. 50 cases conformed to CDC stage II--Asymptomatic HIV infection, and 50 cases to CDC stage III--Persistent Generalised Lymphadenopathy (PGL). Cases were stratified according to their clinical status and CD4+ve lymphocyte counts".

Results:

"In PGL, a statistically significant difference was observed in CD+ve T-lymphocyte counts between pre and post trial levels in verum group ($P < 0.01$). In the placebo group a similar comparison yielded non-significant results. ($P = 0.91$). Analysis of change in the pre and post trial counts of CD4+ve cells between groups was also statistically significant ($P = 0.04$). In asymptomatic HIV infection, differences in absolute CD4+ve lymphocyte counts between pre and post trial levels were not significant.

.....The study suggests a possible *role of homeopathic treatment in HIV infection* in symptomatic phase, as evidenced by a statistically significant elevation of base line immune status in persistent generalised lymphadenopathy."